

Walk for Life

Elmira, New York

09
23
23



STPRC
SOUTHERN LITERR PREGNANCY RESOURCE CENTER
WWW.FRIENDSOFTHEPRC.ORG



Your Support Will Help!

Through your sponsors, the STPRC will be able to continue offering the following services...FOR FREE!

- Pregnancy Tests
- Pregnancy Options Education
- Referrals for Onsite Ultrasounds
- Post Abortion Support
- Information on Sexual Health
- Healthy Pregnancy, Parenting, & Child Development Education
- Material Aid with baby, toddler, and maternity/women's items
- Bible Study & distribution of free Bibles
- Sexual Abuse Support
- Information on Healthy Relationships

You can make a difference by walking...it's easy!

- You don't have to collect any money...we will do that for you!
- It's only a short walk...everyone can participate!
- This year you will be completing our 2 mile walk by walking from our Main Office to our Life Center and back (coincidentally...it's EXACTLY 2 miles!)
- If you are unable to attend the walk in-person, you can still participate! Register, gather your sponsors, and walk 2 miles on your own at your own convenience! *You are still eligible for a T-Shirt when you raise \$150!
- Earn a FREE Walk For Life '23 T-Shirt by raising \$150!



How do I get involved?

- Talk with the representative from your church!
- You can Register by scanning the QR Code here ->
 - online at www.friendsoftheprc.org > WFL'23
 - through our Facebook Event on our Supporter Facebook Page - Friends of the PRC,
 - or by calling our office @ 607.732.2111
- When you register online through our Digital Platform, you will be given your very own event web page that you will be able to share with your friends and family, and collect sponsors directly through! It's so easy!
- If you prefer paper, simply fill this pledge form out with sponsors and bring it to the Main Office (375 W. Water St.) or mail it in! Easy Peasy!
- If you need more pledge forms, please call Bree Wakefield at our Main Office @ 607.732.2111, or you can print them off at www.friendsoftheprc.org > WFL'23



SCAN
HERE
TO
REGISTER

Questions:

Q: Do I need to Register Online?

A: YES! We are asking that all participants pre-register for a number of reasons! 1. By registering online, you will be given your very own event webpage that you can share with everyone! All of your sponsors can be entered right on your own event page! 2. By pre-registering by Sept. 9th, you will be guaranteed your t-shirt in your preferred size should you raise \$150.

Q: Do I have to collect the money?

A: Nope! If you will be turning in this paper pledge form rather than making use of the digital platform, drop off or mail in your pledge form, and your sponsor will be sent an invoice for their pledge. If sponsors wish to give you their pledge before the Walk, simply mark "Paid" and turn in the check/cash with your pledge form.

Q: How far do I have to walk?

A: Two Miles, which is perfect for participants of all ages! Your sponsors will be giving a single, generous, tax-deductible gift for your participation in the entire 2 mile event, rather than a per mile basis. We will be walking right in downtown Elmira, from our Main Office to our Life Center and back!

Q: Will there be a picnic afterwards as in the past?

A: Not this year! All walkers will be provided with light refreshments. No picnic will be provided, BUT we are hosting a FREE live music event from 10:30-11:30 right at our Main Office on the same day!

Q: What if it rains?

A: Bring an umbrella! Or, just walk at another time!

Q: How do I ask someone to sponsor me and who do I ask?

A: Simply ask everyone you know, "Will you sponsor me for the Walk for Life?" You'll be surprised at the number of people who will support you. Consider everyone...co-workers, siblings, cousins, clubs, neighbors, church, social media friends, etc. And don't forget to ask someone who has sponsored you in the past! You will be able to easily share your participation to so many through your own event webpage!

